



Thank you for purchasing our  
**Snappy Heat Hand Warmers - 20 pack.**

**We strive for 5-Stars.** If for any reason you need help, have a question or need to contact us, please visit our website at [SnappyHeat.com](http://SnappyHeat.com).

This box contains 20 small Snappy Heat hand warmers, 10 round and 10 rectangle shaped heat packs. Please inspect your heat packs immediately for any damage caused during the shipping process.

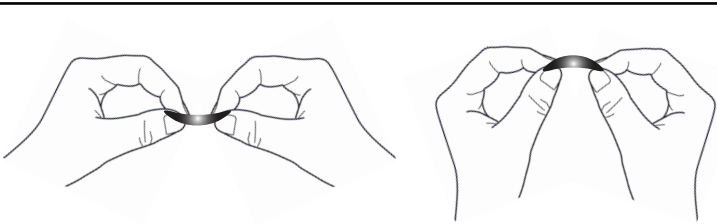
If all your packs are in a liquid form (soft), they are ready to be activated to generate heat. If they are in a solid form (hard), then you must boil them to convert them back to a liquid state prior to use. See the "Reset Instructions" below.

**\$5 OFF**

Get \$5 off a future Snappy Heat Purchase on Amazon.com

*Request your free code today:*  
**[SnappyHeat.com/save](http://SnappyHeat.com/save)**

## Activation Instructions



To activate your heat pack, locate the disc-like coin inside the heat pack. Hold the heat pack while placing the internal metal disc between your thumbs and index fingers and "snap" it back and forth one time. Do not bend the disc.

The heating process should start immediately. Knead to soften. Apply.

Heat packs will last approximately 10 to 20 minutes depending on your environment. Knead again to soften and to prolong heat.

## Reset Instructions

Bring a pot of water to a boil, enough to fully cover your heat packs to prevent dry contact with any hot surface. Place the heat packs into the boiling water for 10 to 15 minutes. The boil time may need to be adjusted due to number of units you are boiling at once. All the hardened crystals must be liquefied inside each heat pack. Remove with caution and let cool to room temperature. The heat packs are now ready to use again.

After removing from the water, if your heat packs automatically convert back to a crystal form, or you are unable to activate the heat packs again, this means the heat pack was not boiled long enough. Boil again for a longer period of time.

## CAUTION:

**DO NOT FREEZE OR MICROWAVE. DISCARD IF PUNCTURED.**

This product is not intended to diagnose, treat, cure or prevent any disease, ailment or injury. Surface may reach 130 degrees

Fahrenheit. Discontinue use if irritation occurs. Test on a small portion of skin prior to full, direct skin contact. Keep away from small children. Do not use while under the influence of drugs or alcohol.

Online Instruction & Photos  
[www.SnappyHeat.com/FAQ](http://www.SnappyHeat.com/FAQ)

Ingredients: A supersaturated solution of sodium acetate (3H<sub>2</sub>O CH<sub>3</sub>COONa) in water. Food-grade and non-toxic.